Calvary Hoops \sim Rules \sim Ages 7 – 8 (Boys & Girls)

I. Playing Time:

- **A.** Each player is expected to play a minimum of one complete quarter (minimum of 8 minutes) unless the player becomes sick, injured, or other extenuating circumstances are present.
- **B.** If a player arrives after the second quarter has begun, the quarter rule is waived, and the player may play at the coach's discretion.
- **C.** A score sheet is in this league. Therefore, a player will be disqualified for committing 6 fouls.

II. The Game:

- A. The game will be played with 4 on 4 and will consist of 4 quarters of 8 minutes each.
- **B.** The clock will continuously run throughout the game except during free-throws.
- **C.** Each team is granted three "full" (one minute) timeouts per game.
- D. In the event of a tie game at the end of regulation, the game will be decided by an overtime session. Overtime will be a three-minute session and will begin with a jump ball. We will play a running clock the first two minutes of overtime and a regulation clock will be used the final minute. In the event the game remains tied, each coach will select a player(s) from his/her team to shoot a free throw. This "free throw" method of deciding the game will be explained at the coaches meeting. Basically, we will alternate between the two teams sending a player to shoot a free throw and the first team that makes a free throw and the other team misses will be the winner.
- **E.** Game begins with a jump ball at half court. Alternating possession thereafter.
- **F.** Full-court pressing is <u>prohibited</u>. Team must get back on defense after the rebound is <u>firmly secured</u>. "Firmly secure" is a judgment call by the referee that player is in control of the ball.
- **G.** Teams <u>MUST</u> play zone defense and are not allowed to double-team or trap an opposing player.
- **H.** Attempting to stall in bringing the ball down the floor at end of game is prohibited. Referee has authority to award opposing team possession if he/she believes stalling is intentional.
- **I.** Height of Goal is 8.5 for girls and 9' for boys. Free Throw line is 10'. Basketball size is 28.5.
- **J.** Violations NOT called: back-court, 10-seconds, closely guarded, 3-seconds in the lane
- K. Violations such as double-dribble and traveling will be called when done in excess. Violation is explained by referee and will result in a turnover. All calls of the game will tighten up as season progresses. Referees do have to use their discretion with this age group.

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- L. Half-time is three minutes and teams will change goals for the second half of play.
- **M.** Score will be kept for all games and a record will be kept of league standings. Home team will be responsible for keeping the official scorebook and visiting team the clock.
- **N.** Free-throws will be awarded when player is in the act of shooting. All other fouls called result with possession of ball by way of an inbounds pass at nearest point of infraction.
- O. No jewelry! Girls MUST wear tape or bandage over pierced earrings if unable to remove
- **P.** If one team has only 3 players present for the game, the other team will also only put 3 players on the court. The game will be a valid game played 3 vs 3.
- Q. Rule Amendment for 7-8 Boys and 7-8 Girls Hoops (5-6 Co-ed League remains unchanged from previous season)

 Concerning the X and Line markers (Defensive Line).

Four X markers will be placed just outside the lane to give defensive players a reference point of where to start. They will not be required to remain on the X during play; however, double teaming and trapping is not allowed by the defense.

Three Line Markers (called the defensive line) will be placed in a line approximately 20 feet from each end line on the court that stretches across the court from sideline to sideline. No defender will be allowed to cross the defensive line with any part of the body (no stepping or reaching across the defensive line) with the intent of defending. If a player's momentum causes the defensive player to cross the defensive line, the referee will determine if play needs to be stopped. Once the offensive player or the ball crosses the defensive line, the defender may engage the offensive player. No double teams or trapping will be allowed at any time. If an offensive player catches or dribbles outside the line, the defensive player must stop and not cross the defensive line. In a loose ball situation (determined by the referee), all players will be able to pursue the ball. If the ball is regained by an offensive player (determined by the referee), defenders will need to retreat behind the defensive line.

R. ABSOLUTELY NO GUM IN THE GYM!!

III. Expectations:

- **A.** Coaches must remain in the bench area during play. A coach may ask for clarification of a rule in a respectful manner but questioning a judgment call of referee is prohibited.
- **B.** Be the Christ-like example these boys, girls, and parents need. It is such a great opportunity and an honor to be a "coach" of young boys and girls. Make the most of that opportunity by letting your words and actions point people to JESUS!
- **C.** Coaches are responsible for the conduct of their players and fans, to the extent possible. Coaches are expected to lay the groundwork for expectations of nothing less than exemplary behavior and sportsmanship. Again, it is imperative that expectations are communicated to players and parents and then the coach consistently sets the

Calvary Hoops ~ Rules ~ Ages 7-8 (Boys & Girls) example at practice and games. All incidences of improper behavior should be reported to the Family Life Staff.

- **D.** Excessive hard fouling, especially if deemed by official there was intent to harm, fighting, and/or unacceptable conduct that is severe (profanity would be an example) in nature will result in an automatic ejection from the current game. Along with an ejection from the current game, the offender will serve a two-game suspension.
- E. 24 Hour Rule After a game you must wait 24 hours to file any grievance or complaint.

Lead By Example

THANK YOU for Serving HIM through serving others!!!